### October

### **Queen of All Saints**

#### **MONDAY**

#### **TUESDAY**

# Dinosaur Chicken Nuggets OR Golden Grilled Cheese with Smiley Fries Peach Slices Jiggling Jell-O

#### WEDNESDAY

Carnival Corn Dog
OR
Cheeseburger with Bun
with
Smiley Face Potatoes
Crisp Grapes
Flavored Jell-O

#### **THURSDAY**

PAPA JOHNS PIZZA
Cheese
Or
Pepperoni
with
Garden Salad
Apple Slices

#### **FRIDAY**

Waffle
OR
Pancake & Sausage on a
Stick
with
Hash Brown
Strawberry Yogurt
Fresh Melon

Early Dismissal

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Salad of the Week

1st to the 4th: Taco Salad
7th to the 11th: BLT Salad

Pricing for Plate Lunches:
Preschool \$4.50
Grades K-2nd \$5.15

Grades 3rd-8th \$5.50

Extra Entrée \$2.00

Milk, Apple Juice

or 8 oz water \$0.50

14th to the 18th : Garden Salad

21st to the 25th : Chicken Caesar Salad

28th to the 31st: St Louis Hill Salad

**Hot and Cold Ala Carte Daily** 

Contact your kitchen manager if you have any questions at 504manager@foodserv.org

## Pancake & Sausage Bites OR French Toast Slice with Golden Hash Browns Frosty Peaches Yogurt

Chicken Rings
OR
Cheese Stuffed Bosco
Stick
with
Buttered Noodles
Golden Corn
Sparkling Jell-O

Classic Baked Lasagna OR

Cheesy Garlic Buttered Noodles with Caesar Salad Garlic Breadstick Fresh Apples

Crispy Nachos with

Cheese

OR

Hot Dog on a Bun

with

Fresh Veggies & Dip

Frozen Mixed Fruit

Vanilla Wafers

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PAPA JOHNS PIZZA
Cheese
Or
Pepperoni
with
Garden Salad
Apple Slices

den Salad de Slices

PAPA JOHNS PIZZA
Cheese
Or
Pepperoni
with
Garden Salad

Apple Slices

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Soft Beef Taco
OR
Beef Burrito
with
Fiesta Rice
Golden Corn
Sweet Strawberries

BBQ Riblet Sandwich
OR
Corn Dog
with
Lay's Chips
Garden Green Beans
Chilled Peaches

Emoii Waffle

OR

French Toast Sticks

with

Golden Hash Browns

**Tropical Fruit Medley** 

Mini Blueberry Muffin

Breaded Chicken Patty on
Bun
OR
Grilled Hamburger
with
Golden French Fries
Fresh Veggies & Dip
Mandarin Oranges

Toasted Beef Ravioli OR Bowtie Alfredo Pasta with

with Steamed Broccoli Breadstick Mini Rice Krispies Treat Meatball Sub Sandwich OR Pasta with Red Sauce

Pasta with Red Sauce with Seasoned Broccoli Mandarin Oranges Chilled Pudding PAPA JOHNS PIZZA
Cheese
Or
Pepperoni
with
Garden Salad
Apple Slices

Stadium Style Hot Dog
OR
Crispy Chicken Nuggets
with
Tater Tots
Fresh Veggies & Dip
Creamy Sherbet

#### MENU IS SUBJECT TO CHANGE

Contact our dietitian at **lisa@foodserv.org** for special dietary and allergy concerns.

For more information about FSC or employment opportunities, please go to www.foodserviceconsultants.org

Cheeseburger on a Bun OR Breaded Chicken Patty on Bun with French Fry Rings Sweet Strawberries Sparkling Jell-O Popcorn Chicken OR Hot Ham and Cheese with Fruit Flavored Yogurt French Fries Veggies with Dip French Toast Slice OR Egg & Cheese on a Croissant with Crispy Bacon Slice Yogurt Frosty Peaches PAPA JOHNS PIZZA
Cheese
Or
Pepperoni
with
Garden Salad
Apple Slices

FSC